

Although hypnotherapy has been successful for many I do not offer any guarantees and it may not work for all.

The effects of hypnosis vary from person to person. During your consultation I will discuss if it is an appropriate treatment for you. There are also some medical conditions that will exclude you from hypnotherapy (these can be discussed).

Whilst clinical hypnotherapy is very safe, if you are epileptic, or undergoing psychiatric treatment, then you should obtain a letter from your medical practitioner to confirm that you may have hypnotherapy. This can be discussed prior to your appointment.

All clients are required to complete a questionnaire before undertaking hypnotherapy, in which you will be asked to disclose certain medical information. All information is kept confidential.

I reserve the right to terminate a session. If termination occurs after a session has started, you will be required to make a pro rata payment.

If your treatments are unsuccessful, I do not offer any refunds.

All treatments are by appointment only and a 50% deposit is taken at the time of booking.

24 hours notice is required for the cancellation of appointments. Should you fail to cancel within these guidelines a 50% charge will apply. All no shows and same day cancellations will be charged at the full cost of the treatment.

Payment can be made by either cash or card.